Purpose
Section 20(2) of PHIPA makes it clear that individuals may withhold or withdraw their consent to the collection, use or disclosure of their personal health information by Health Information Custodians for the purposes of providing or assisting in providing health care. Further, under PHIPA, individuals may provide express instructions to health information custodians not to use or disclose their personal health information for health care purposes without consent in the circumstances set out in sections 37(1) (a), 38(1)(a) and 50(1)(e) of PHIPA.

These provisions have come to be referred to as the “lock-box” provisions.

This protocol is intended to explain the steps for handling lock boxes, the process of manually locking health records; situations when locked health records can be accessed; and, the process by which McMaster University ensures the security of locked information.

Policy
A capable client or their Substitute Decision Maker (SDM) may request that McMaster University and its staff not collect, use or disclose specified personal health information to another health information custodian for a particular purpose including the provision of health care.

Within this protocol, the right of the client or SDM to restrict the collection, use or disclosure of their personal health information is to be referred to as the “lock box” and “locking the health record”. Capable clients or their SDM can expressly instruct McMaster University not to collect, use or disclose information from a particular visit(s) contained in their health record, the content of their entire health record, or the disclosure of their personal health information to a particular health information custodian subject to the requirements of the Personal Health Information Protection Act (PHIPA).
Should there be a concern that the client’s SDM has made a consent directive request which is not in compliance with section 24(1) of PHIPA which requires the SDM to act in the client’s best interests, an application to the Consent and Capacity Board may be made.

Required Disclosures and Permitted Uses

PHIPA both requires and permits certain uses and disclosures of information without client consent, for which a lock-box will not be effective. Required disclosures under PHIPA include:

- reporting to the Ontario Ministry of Health for payment or system planning purposes
- reporting to an authorized registry such as Cancer Care Ontario or the Cardiac Care Network
- responding to a warrant or court order served upon McMaster University for the locked information
- reporting the name of a client being treated for a gunshot wound to the police
- reporting certain diseases to Public Health
- reporting suspected child abuse

Procedure

If a client requests to withdraw consent or place restrictions on the use or disclosure of their personal health information they must be directed to the appropriate regulated health professional.

This protocol applies to all hard copy and electronic health records that McMaster University maintains as, or on behalf of, a Health Information Custodian (HIC).

Although PHIPA permits clients to make a verbal lock box request, it is the practice of McMaster University to obtain this request in writing from the client/SDM.

A lock-box request may request personal health information be locked in the following manner:

- the entire contents of the file (wherever possible); OR
- all documents/reports/notes contained in the file pertaining to visits within a specified time frame (wherever possible).

OR

A client record may be locked from:

- all McMaster University staff or other external health care provider(s); OR
- a specific individual or group of individuals within McMaster University or external to McMaster University (where possible).

The regulated health professional will meet with the client to discuss the request to lock personal health information. The regulated health professional will explain that McMaster University is committed to protecting the privacy, confidentiality and security of all personal health information with which it is entrusted.

The regulated health professional will thoroughly review the locking process with the client to ensure that they understand the potential implications for their future care if their personal health information is not available to healthcare professionals. In this context, the following implications for future care will be reviewed and explained to the client:
• locking a health record may result in time delays during visits;
• locking a health record may prevent staff and physicians from accurately assessing the client’s health status, which may result in duplicate diagnostic procedures, or ineffective or insufficient treatment as a result of not having necessary information;
• when the University discloses personal health information to others, it is required to tell them when the information may be inaccurate or incomplete, including when the missing information could affect client care;
• in non-emergency situations, physicians are not obligated to treat a client about whom they have insufficient information;
• locked health information may be used and disclosed in an emergency situation without the express consent of the client, as required or permitted by law.

A signed lock box relates only to personal health information collected retroactively from the date the directive is signed. A lock box cannot be signed for future dated occurrences. Any future visits the requester wishes to lock require a signed lock box after each visit.

After reviewing the Consent Directive - Express Instructions: Personal Health Information (the Directive), the client will be asked to verify their identity in accordance with the Guidelines for Verifying Identity.

Following verification, the client or SDM will be asked to sign the Directive stating that they understand and accept the possible implications of locking access to their health record. The client will also be asked to indicate on the Directive what part(s) of their health record they wish to lock and the individual(s) from whom they wish to lock the information.

Also following verification, the regulated health professional will notify the treating area and the treating physician in writing that the client has begun the process of locking access to their health information and that no information should be accessed or released without the express consent of the client/SDM.

The regulated health professional will provide the client with a copy of the signed Directive and will ensure that a copy is appended to the client record. The records to be locked are to be removed from the paper chart and placed in a sealed envelope clearly marked – LOCKED CHART AT THE REQUEST OF THE CLIENT – DO NOT RELEASE WITHOUT EXPRESS CONSENT OF THE CLIENT or DO NOT RELEASE THIS CHART TO THE FOLLOWING PERSON(S). The locked records contained within the envelope are to be filed in a locked and segregated filing cabinet within the treatment area. A dated Notification Alert, listing the documents which have been removed from the chart, should be appended to the envelope.

If a patient has implemented a lockbox for electronic records, a lockbox message will appear when a user attempts to access the records through the electronic medical record system. A Notification Alert will be on the system and will identify whether all or a portion of the health record is locked. If the lockbox applies to everyone, then the electronic system will restrict access to that patient's record. If a lockbox restriction pertains to specific individuals, their access will be restricted. A list of unauthorized or “locked” persons will appear in the system. It is the responsibility of the regulated health professional to ensure that the password to the locked section of the chart is available in case of emergency.
Following completion of the lock box process, the regulated health professional will notify the client in writing that the request has been completed and that any subsequent request will require a similar formal process.

A client record may be unlocked at the request of the client or SDM. Any such request should be made to the appropriate regulated health professional who will have the client/SDM complete the *Altering Consent Directive- Personal Health Information* form (the Alteration Form). The original of this Alteration Form will be placed in the client record and the client and the regulated health professional will each have a copy. The treatment area will be advised to return the previously locked information to the client record or to regular storage.

A healthcare provider is permitted to access the locked information without the consent of the client in certain circumstances, where in his/her opinion, the access is necessary for the purpose of eliminating or reducing significant risk of serious harm to an individual or group of person. If the healthcare provider decides to unlock a health record s/he must document on the patient’s health record the reason and authorization for “breaking” the lock and a detailed rationale must be provided in writing to the University Privacy Officer. Records which have been un-locked in an emergency situation as described above remain locked for all other purposes unless the status is changed at the request of the client/SDM.

The regulated health professional will conduct audits of all mediums of locked records to ensure that there has not been inappropriate access to the locked information. The regulated health professional will report any unauthorized access to locked records to the Privacy Officer, who will treat such unauthorized access as a Privacy Breach.

All activities related to the lock box request will be logged in a file maintained for this purpose by the regulated health professional.

**Definitions**

**Lock box** - The term lock-box is not defined in PHIPA. It is not an actual box but a method of describing a client’s right under PHIPA to limit the collection, use and disclosure of their personal health information. Within PHIPA, a lock-box is referred to as:
- an individual's right to withhold or withdraw their implied consent for the collection, use and disclosure of personal health information for the purpose of providing health care pursuant to section 20(2) of PHIPA and/or
- an individual's right to expressly instruct a health information custodian not to use and/or disclose personal health information for the purpose of providing health care without consent, in these circumstances where the custodian is permitted to do so;

**PHIPA** – Personal Health Information Protection Act - means the 2004 (Ontario_ and the regulations made there under;

**Record** - means a record of information in any form or in any medium, whether in written, printed, photographic or electronic form or otherwise, but does not include a computer program or other mechanism that can produce a record;
Substitute Decision Maker (SDM) - A substitute decision maker can request to restrict the collection, use or disclosure of personal health information on a client's behalf because the right the request such a restriction exists whether or not a client has capacity. A SDM will follow the same process as the client to request a restriction to the collection, use or disclosure of personal health information.
CONSENT DIRECTIVE
EXPRESS INSTRUCTIONS - PERSONAL HEALTH INFORMATION

Information and Instructions for CLIENTS
The purpose of this document is to record a request to “lock” (prevent access to) specific portions of a record or a record in its entirety by placing limits on the collection, use and disclosure of your health record information. This form must be reviewed and explained by a regulated health professional. You will have the opportunity to indicate what health record information you wish to lock and to whom you wish to lock it from. Following a review of this request, a response to the express instruction will be complete within 7 business days from the date that this form is signed.

Information and Instructions for STAFF and HEALTH CARE PROVIDERS
This form will be reviewed and explained by a regulated health professional. That individual must ensure that the requester understands all of the potential implications for future care if their personal health information is not available to health care providers.

Requester Information:

<table>
<thead>
<tr>
<th>Client’s Last Name</th>
<th>First Name</th>
<th>Middle Name or Initial</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Mailing Address

Telephone Number   Date of Birth   Ontario Health Card Number

If you are a substitute decision maker, please provide your contact information.

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>Middle Name or Initial</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Mailing Address

Telephone Number

Note: Please include copies of documents that provide your authority as a substitute decision maker.

I __________________________________________ on this _____ day of ____________, 20___, instruct McMaster University to “lock” my health record information in accordance with the terms and details below.
I understand and agree that:

1. At this point, only that portion of my record/personal health information designated below may be locked.

2. This instruction may result in time delays during visits.

3. This instruction may prevent staff and physicians from accurately assessing my health status. This may result in duplicate diagnostic procedures, or ineffective or insufficient treatment as a result of not having necessary information, which could lead to serious consequences up to and including disability and death.

4. When personal health information has been locked and the University is prevented from disclosing certain personal health information which the University considers reasonably necessary for the provision of health care, the University must notify the care provider of that fact.

5. The College of Physicians and Surgeons of Ontario believes that client safety should always remain paramount. As such, in non-emergency situations, physicians are not obliged to accept or treat a client about whom they have insufficient information. (http://www cpso on ca/ Policies/ Publications/ Publications.htm)

6. The locked record information may be disclosed and used in an emergency situation without my express consent as required or permitted by law, including situations where the disclosure is necessary for the purpose of eliminating or reducing a significant risk of serious bodily harm to a person or group of persons.

7. I can reverse this instruction at any time. In the event that I want my information to be unlocked, I can contact the appropriate regulated health professional.

8. I will not hold the University responsible for any negative outcome to the extent that it is caused or contributed to by the limitations imposed by this instruction. I hereby release, indemnify and hold harmless the University and its directors, officers, physicians, employees and agents from all actions, causes of action, suits, claims, liability, complaints, damages, demands of any kind resulting from any ill effects, injuries or damages arising from my decision to lock the record information referenced herein.

9. If I am not the client, I am the client’s legally authorized substitute decision-maker, and this instruction reflects the wishes, values and beliefs that I know the client holds.

My healthcare provider/or other regulated health professional has reviewed the contents of this document with me. I understand and accept the above terms.
**LOCKING DETAILS**

**What is being locked?**
The University currently locks paper records in 2 ways depending on the following options (see below). The different types of locking will be explained to you during your consultation with your regulated healthcare professional. Please indicate below what personal health information you would like to lock and from whom.

**I wish to lock:**

- [ ] The entire contents of the McMaster University file as of the date of this request. OR
- [ ] All documents/reports/notes contained in the McMaster University file pertaining to visits within a specified historical date range: from ________________ to ________________.

**Who it is being locked from?**
Once you have decided what personal health information you would like to lock you must decide whom you are locking this information from.

**I wish to lock the part of my record indicated above, from:**

- [ ] Everybody, OR
- [ ] A specific individual(s), please specify the name(s)
  
  ____________________________________________________________
  ____________________________________________________________
  ____________________________________________________________
  ____________________________________________________________

(Name of client or substitute decision maker) __________________________ (Signature) _________________________

(Name of Witness/Privacy Office Representative) __________________________ (Signature) _________________________
Information and Instructions for PATIENTS

Altering Consent Directive, Express Instruction - Personal Health Information is a request to “unlock” a record that previously had been “locked” at your request. A record can be unlocked when the patient/substitute decision maker changes their mind, or when the health care provider believes on reasonable grounds that the disclosure is necessary for the purpose of eliminating or reducing significant risk of serious or bodily harm to a person or group of persons. You must complete and sign the “Consent Directive Express Instruction - Personal Health Information” form if you decide to lock your record again.

If the request to unlock the record is made by the client Sections A and B must be completed. If the request to unlock the health record is by the substitute decision maker A and C must be completed.

Information and Instructions for STAFF and HEALTH CARE PROVIDERS

Health care providers can unlock a health record in emergency situations when it is believed, on reasonable grounds, that the disclosure is necessary for the purpose of eliminating or reducing significant risk of serious or bodily harm to a person or group of persons. Section A and D must be completed and you must contact the McMaster University Privacy Office at the earliest opportunity.

Section A – Client Information

Please print:

FAMILY NAME: ___________________________ FIRST NAME: ___________________________

ID NUMBER: ___________________________  DATE OF BIRTH: ___________________________

MAILING ADDRESS: ________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

TELEPHONE NUMBER: ______________________(HOME) ______________________(MOBILE)
Section B – Request from the Client

If you are a substitute decision maker, and the client is deemed incapable, please complete Section C

I, ______________________________________ wish to unlock the following records:

(Please print your name above)

☐ The entire contents of the McMaster University record. OR

☐ All documents/reports/notes contained in the McMaster University record pertaining to visits within a specified historical date range from: _________________ to _________________.

I understand that in order to lock my personal health information again, I must complete and sign the Consent Directive Express Instructions - Personal Health Information form with a regulated health professional.

I will not hold McMaster University responsible for any outcome to the extent that it is caused or contributed to by limitations imposed by this instruction.

CLIENT NAME:

______________________________________________________________

CLIENT SIGNATURE:

______________________________________________________________

DATE: ____________________________
Section C – Request from the Substitute Decision Maker

As the client’s substitute decision maker, I pledge that this instruction reflects the wishes, values and beliefs that I know the client holds.

Please ensure you have also completed Section A.

Acting on behalf of ________________________________, I ________________________________

(Please print client name) (Please print your name)

I wish to unlock the following health records:

☐ The entire contents of the McMaster University record.  OR

☐ All documents/reports/notes contained in the McMaster University record pertaining to visits within a specified historical date range from: ____________________ to ____________________.

I understand that in order to lock this personal health information again, the Consent Directive Express Instructions - Personal Health Information form must be completed with a regulated health professional.

I will not hold McMaster University responsible for any outcome to the extent that it is caused or contributed to by the limitations imposed by this instruction.

Please print your information as substitute decision maker:

FAMILY NAME: ________________________ FIRST NAME: ________________________

MAILING ADDRESS:

___________________________________________________________________________

___________________________________________________________________________

___________________________________________________________________________

TELEPHONE NUMBER: ________________________ Home) ________________________ (Mobile)

SIGNATURE: ________________________ DATE: ________________________

Please include copies of documents that provide your authority as a substitute decision maker and proof of identification with this request.
Section D – Request from Staff or Health Care Provider

Health care providers can unlock a health record in emergency situations when it is believed on reasonable grounds that the disclosure is necessary for the purpose of eliminating or reducing a significant risk of serious or bodily harm to a person or group of persons.

In my capacity as care provider to ____________________________, I,
(please print client name)

___________________________________________
(please print your name)

wish to unlock the following health records:

☐ The entire contents of the McMaster University record.

☐ All documents/reports/notes contained in the McMaster University record pertaining to visits within a specified historical date range from: ____________________ to ____________________.

Please provide your rationale as to why you would like to unlock these records:

____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________

Please print your information as health care provider:

FAMILY NAME: ______________________________ FIRST NAME: ______________________________

MAILING ADDRESS: _________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

TELEPHONE NUMBER: ________________________ Home) ________________________ (Mobile)

___________________________________________
SIGNATURE: ______________________________ DATE: _________________________________