

In the space below, please provide a statement (approximately 300-words) that will be helpful to the electorate in their selection. This page will be posted to the University Secretariat website exactly as submitted by the nominee; do not submit personal information on this page (i.e., address, telephone number, e-mail address, photograph, etc.). Please limit your statement to this page only.

Name of Nominee: Stuart Phillips

I am a Professor holding the title of Distinguished University Professor in the Department of Kinesiology and have been affiliated with McMaster since 1998. I have served on the tenure and promotion committees for my Department several times and for the Faculty of Science. I have held administrative positions at the University related to Graduate Studies (Departmental), Research (Departmental), and Direction of the Physical Activity Centre of Excellence (PACE). I have informally advised several early-career Faculty members in Kinesiology. I am active in the supervision of undergraduates (over 500 since my hiring), Masters students (19 supervised to completion), PhD students (19 supervised to completion), and Postdoctoral Fellows (16 supervised). I have been honoured with five nominations and received two awards for teaching at McMaster. I was also honoured to receive mentorship awards for graduate supervision both from McMaster (Faculty of Science) and my parent society (Canadian Society for Exercise Physiology). I hold funding from NSERC and CIHR and several industry sources.

I am a fellow of the American College of Sports Medicine and the Canadian Academy of Health Sciences.

I have served on grant review panels for NSERC (project and scholarship committees), CIHR (multiple committees), the US NIH, UK MRC and BBSRC. I am asked to review between 4-6 dossiers from international applicants from Universities around the globe who are seeking tenure and/or promotion.

Our research work is focused on muscle health interventions, particularly for aging populations. Our work not only advances scientific knowledge but also informs public health strategies for promoting healthy aging from basic biology to applied research.

Given my previous experience and past activities as a reviewer and mentor, I believe I can be an effective and fair representative on the Faculty of Science’s Tenure and Promotion Committee.